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Dr. Lizbeth López-Carrillo is professor of epidemiology at the National Institute of Public Health in Mexico. Soon after finishing her doctoral degree in public health at Yale University in 1993, she designed various courses (short and master level) to teach modern epidemiology in Mexico, and became an advocate to promote the recognition of the scientific rigor of epidemiologic methods and the development of population studies as strategic tool for public health in developing countries. She has mentored numerous masters- and doctoral-level students who have participated in many of the research projects she has lead mainly in the area of environmental, nutrition, and cancer research. Her students value her ability to translate complex theoretical concepts in simple practical actions.